# **ECOlogically** for HEALTH

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Dispose of used batteries in the right waste collection containers

Print only what's necessary, preferably use duplex printing

Surround yourself with greenery

Plan a day on a bike, public transport or walk to college or work

Learn more what you can do for the environment and for your health

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### **Environmental programme** in sustainable university development

THE RESEARCH, STRATEGY AND DEVELOPMENT OFFICE

Medical University of Lodz 2 Muszyńskiego Str. 90-151 Łódź







### We implement global goals of sustainable development

MEDICAL UNIVERSITY OF LODZ | Kościuszki 4, 90-419 Łódź | umed.pl

















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Environmental protection is one of the crucial problems of the world of today. The issue concerns each of us every day and yet we often forget how important our daily activities are and what an immense impact the 'condition' of the environment has on our health and our life.



Medical University of Lodz has decided to take matters into its own hands. We wish to prove that it is not that difficult to take care of the environment and use its resources wisely and changing bad habits will produce spectacular environmental effects.

Join us!

**Medical University of Lodz** is the largest of Polish medical universities. Our development relies on modern research base and highly professional team of academic teachers. We provide education for future medical specialists at 16 fields of studies and currently there are **9,500** students, including **750** English-speaking ones.

Bearing in mind our national and international position as well as our social responsibility, the university authorities have taken on the challenge to build the university according to sustainable development policy thereby promoting the benefits of ecological attitude and the behavior which is friendly to the surroundings and natural environment. As a medical university, we are perfectly aware of how clean environment affects our health and what risk is caused by pollution and reckless exploitation of limited natural resources.

Take up the challenge with us! • Join ecoUMED Team!

EcoUMED programme was created to implement ecological policy in sustainable university development via organisational, ecological and social activities.

3 activity areas of the programme have been designed.

## **ECOUMED PROGRAMME FLOWCHART**

### **ORGANISATION**

- Responsible University management based on the organisational order and friendly surroundings
- Establishing the University standard and value via innovative research and development projects
- The employees' and the students' performance improvement as a support for integrated health care

#### INVESTMENT

- Improvement in the energy efficiency of the existing infrastructure
- 5. Energy-efficient and passive construction
- Support for integrated primary care via renovation of the area and infrastructure installation
- Sustainable on-site traffic system at the campus
- 8. Installation of renewable sources of energy in the buildings
- Increased effectiveness of water and sewage management







#### **PROCESS BACKUP**

- System of Sustainable Management of Construction Projects
- Monitoring and management of MUL premises via dedicated Building Management System (BMS)
- Designing an integrated process of municipal and medical waste management
- Promotion of healthy habits and pro-environmental attitudes in the students and inhabitants of Lodz region
- Implementation of the initiative for natural environment protection
- Exploration of technology and digital platforms



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