

ECOlogically for HEALTH

-  Don't waste water
-  Always choose either to open the window or to switch on the air conditioning
-  Switch off the light when unnecessary
-  Switch off your computer after work
-  Unplug appliances when not in use
-  Segregate waste
-  Dispose of used batteries in the right waste collection containers
-  Print only what's necessary, preferably use duplex printing
-  Surround yourself with greenery
-  Plan a day on a bike, public transport or walk to college or work

Learn more
what you can do for the environment and for your health

eco.umed.pl

MEDICAL UNIVERSITY OF LODZ | Kościuszki 4, 90-419 Łódź | umed.pl

THE RESEARCH, STRATEGY AND DEVELOPMENT OFFICE

Medical University of Lodz
2 Muszyńskiego Str.
90-151 Łódź



We implement global goals of sustainable development



PROGRAMME COORDINATOR

Tomasz Jasiński
tomasz.jasinski@umed.lodz.pl
mobile: 785 911 503
tel.: 42 272 54 45

Environmental programme in sustainable university development



• **ECO**
UMED

 **SUSTAINABLE
DEVELOPMENT GOALS**

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UNIVERSITY
OF LODZ

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Environmental protection is one of the crucial problems of the world of today. The issue concerns each of us every day and yet we often forget how important our daily activities are and what an immense impact the 'condition' of the environment has on our health and our life. Medical University of Lodz has decided to take matters into its own hands. We wish to prove that it is not that difficult to take care of the environment and use its resources wisely and changing bad habits will produce spectacular environmental effects.

Join us!



Medical University of Lodz is the largest of Polish medical universities. Our development relies on modern research base and highly professional team of academic teachers. We provide education for future medical specialists at 16 fields of studies and currently there are **9,500** students, including **750** English-speaking ones.

Bearing in mind our national and international position as well as our social responsibility, the university authorities have taken on the challenge to build the university according to sustainable development policy thereby promoting the benefits of ecological attitude and the behavior which is friendly to the surroundings and natural environment. As a medical university, we are perfectly aware of how clean environment affects our health and what risk is caused by pollution and reckless exploitation of limited natural resources.

Take up the challenge with us! • Join ecoUMED Team!

EcoUMED programme was created to implement ecological policy in sustainable university development via organisational, ecological and social activities. 3 activity areas of the programme have been designed.

ECOUMED PROGRAMME FLOWCHART

